



TAVOLINO

Tavolino Allergen Information

SS24 May 2024 | Version 1.1



SPUNTINI	This dish contains														Suitable for?			
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegan	Vegetarian	Non-Gluten diets
Green Sicilian Olives																Yes	Yes	Yes
Zucchini Fritti	• wheat			◇	◇	◇		◇	◇	◇	•	◇	◇			Yes	Yes	No
Housemade Focaccia, Roasted Garlic, Rosemary & Sea Salt	• wheat															Yes	Yes	No
Garlic & Oregano Pizzetta	• wheat										•					Yes	Yes	No
Panissa, Spring Onion, Lemon Parsley & Pecorino with Roasted Garlic Aioli	• wheat			◇	◇	◇		•	•	◇	•	◇	◇			No	Yes	No
Salumi Misti																No	No	Yes
Pizzetta, Burrata Oregano, Dried Tomato & Olives	• wheat							•			•					No	Yes	No

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Guide to symbols

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ANTIPASTI	This dish contains														Suitable for?			
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Heritage Tomato, Smoked Aubergine, Caper, Balsamic Onion & Crispy Focaccia	• wheat												•			Yes	Yes	No
Burrata, Roasted Peach, Mint Oil & Walnuts			• walnuts					•								No	Yes	Yes
Beef Carpaccio, Balsamic Onion, Black Garlic Mayo, Focaccia & Parmesan	• wheat							•	•				•		•	No	No	No
Fritto Misto, Red Mullet, Mussels, Prawns & Squid	• wheat			•	•	•		◇	•	◇	•	◇	◇			No	No	No
Fritto Misto, Red Mullet, Mussels, Prawns & Squid Large	• wheat			•	•	•		◇	•	◇	•	◇	◇			No	No	No
Porcini & Truffle Arancini, Parmesan Foam	• wheat			◇	◇	◇		•	•	◇	•	◇	•		•	No	No	No
Nduja, Stracchino & Rocket Pizzetta	• wheat							•			•				•	No	No	No

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Spicy Pork & Nduja Ragu Tagliatelle	• wheat							•	•			•	•		•	No	No	No
Cacio e Pepe	• wheat							•					•		•	No	No	No
Orecchiette, Daterini Tomatoes & Basil	• wheat															Yes	Yes	No
Filled Pappardella Ricotta & Spinach, Peas, Broad Beans, Lemon & Pecorino	• wheat							•	•				•		• Italian grated cheese in Spinach & Ricotta	No	Yes	No
King Prawn Tagliatelle	• wheat			•	•				•				•			No	No	No

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PIZZA	This dish contains														Suitable for?			
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Margherita Classic	• wheat							•			•					No	Yes	No
Pizza Calabrese	• wheat							•			•					No	No	No
Roast Pepper, Pinenut & Pesto Pizza	• wheat										•		•			Yes	Yes	No
Four Cheese Pizza	• wheat							•			•			•		No	No	No

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SECONDI	This dish contains															Suitable for?		
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Cod Fregola, Palourde Clams & Spicy Guazetto	• wheat			•		•							•			No	No	No
Sea Bass, Lemon Gel, Courgette Olives, Aleppo Chilli Salad & Caper Jam				•												No	No	Yes
Seared Chicken Breast, Golden Zucchini Sauce, Black Garlic Glaze & Wild Rocket	◊			◊	◊	◊		•	◊	◊	◊	•	•			No	No	Yes
Lamb Rump Peperonata & Spinach Sauce													•			No	No	Yes
10oz Sirloin Steak, Aubergine Fries & Roast Garlic Mayo	• wheat			◊	◊	◊		•	•	•	•	◊	•		•	No	No	No
Onglet Steak, Aubergine Fries & Roast Garlic Mayo	• wheat			◊	◊	◊		•	•	•	•	◊	•		•	No	No	No

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CONTORNI	This dish contains															Suitable for?		
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Crispy Ndua, Potato & Chives	◇			◇	◇	◇		◇	◇	◇	◇	◇	◇			No	No	Yes
Zucchini Fritti	● wheat			◇	◇	◇		◇	◇	◇	●	◇	◇			Yes	Yes	No
Green Beans, Mustard, Lemon & Cripy Shallot										●			●			Yes	Yes	Yes
Baby Spinach, Almonds, Roasted Red Onion & Parmesan			● almonds					●		●			●		●	No	No	Yes
Panissa, Spring Onion, Lemon Parsley & Pecorino with Roasted Garlic Aioli	● wheat			◇	◇	◇		●	●	◇	●	◇	◇			No	Yes	No

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Basil Pannacotta, Strawberry & Custard								•	•				•			No	No	Yes
Coffee and Tequila Mascarpone Cheesecake, Amaretti	• wheat							•	•		•		•			No	No	No
Lemon Budino								•	•							No	Yes	Yes
Warm Chocolate Torta Caprese, Raspberry Compote and Almond Sorbet			• almond								•					Yes	Yes	No
Pistachio Ice Cream			• pistachio					•								No	Yes	Yes
Milk Chocolate Ice Cream								•	•							No	Yes	Yes
Strawberry Ice Cream								•								No	Yes	Yes
Olive Oil Ice Cream								•								No	Yes	Yes

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Raspberry Sorbet																Yes	Yes	Yes
Lemon Sorbet																Yes	Yes	Yes
Vanilla Ice Cream								•								No	Yes	Yes
Vegan Vanilla Ice Cream																Yes	Yes	Yes

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Kids Bucatini Butter	• wheat							•					•			No	Yes	No
Kids Tomato Bucatini	• wheat															Yes	Yes	No
Kids Margherita Bufala	• wheat							•			•					No	Yes	No

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